Version 3. Last Updated: 5/15/2020

This pamphlet is intended to provide a list of local resources, updated to reflect current operation status during the COVID crisis. All phone numbers are area code 1-434 unless noted otherwise. For up-to-date info, use the QR code to check our webpage.

PUBLIC MEALS

• The Haven; 112 W Market; walk-up

Salvation Army; 207 Ridge St; walk-up

 Keevil & Keevil Kitchen; 703 Hinton Ave; request via keevilkitchen@gmail.com or 989-8807.

	Breakfast	Lunch	Dinner
The Haven	Mon-Sun 7am	Mon-Thurs 12pm-1pm	
Salvation Army	Mon-Sat 7am Sun 9am	Fri-Sat 12pm Sun 1pm	Mon-Sat 5:30pm
Keevil & Keevil	Mon-Fri 8am	Mon-Fri 12pm	

EMERGENCY OVERNIGHT SHELTER

- Salvation Army Emergency Shelter: 295-4058; 207 Ridge St. Men, women, families, children; Call or walk in 10am-10pm not accepting new guests
- **PACEM:** 465-1391 (Liz); 112 W Market St (office) accepting new guests on limited basis, call Liz to discuss a bed.

- Shelter for Help in Emergency (SHE): Hotline: 293-8509. Domestic violence shelter. Open to new guests, call hotline.
- ReadyKids-Runaway Emergency Services: Hotline 972-7233; Still active
- Families in Crisis: 296-3872. Currently out of funding for housing support; can still call for resource navigation.

DEPARTMENTS OF SOCIAL SERVICES

Apply for Medicaid, SNAP, TANF, and other benefits.

- Call 1-855-635-4370 or go online to apply for benefits
- Call 1-855-242-8282 to apply for Medicaid

For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Offices are closed to the public.

LITERACY / GED

- Thomas Jefferson Adult Career Education (TJACE): 961-5461. GED prep, family literacy, career readiness training. All programming online, call & leave message to get info.
- **Literacy Volunteers of America**: 977-3838; 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language. Currently closed.

VETERANS SUPPORT SERVICES

- VA Medical Center: 293-3890; 590 Peter Jefferson Pkwy #250. All services & hours unchanged.
- **Supportive Services for Veteran Families**: 804-788-6825. Rapid rehousing and supportive services. Offices closed, call for services.
- Virginia Department of Veterans Services: 804-691-4905; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices closed, call for services.

EMPLOYMENT SERVICES

• Virginia Employment Commission: 1-866-832-2363. Call or go online to file for unemployment.

- Goodwill Industries of the Valley: 1-540-581-0620. Free virtual job training & career coaching.
- Closed: Downtown Job Center, Network2Work. Virginia Workforce Center is effectively closed.

CLOTHING

- Salvation Army Thrift Store: 979-5320; 605 Cherry Ave. Still operating.
- Eden Ministries: Free clothing & household items. See Section: Emergency Food for more info. Open.
- THRIVE Women's Health: Maternity clothes. 220-3777, 1416 Greenbrier Pl. Call ahead.
- Currently closed: Green Olive Tree (Crozet), Belmont Baptist Clothing Closet, Twice is Nice

TRANSPORTATION

- **JAUNT**: 296-3184. Regional transportation.
- **City of Promise**: 288-5153. Free Lyft rides for residents of Hardy Dr, 10th & Page, and Starr Hill
- **Veo E-bikes**: 1-855-VEO-2256. Free e-bike rides through month of May. Download Veo app or call directly to set up account and unlock a bike.

DISCRIMINATION SERVICES

- Legal Aid Justice Center: 977-0553; 1000 Preston Ave #A. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance.
- Central Virginia Legal Aid Society: 296-8851; 1010 Preston Ave. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services.
- Office of Human Rights: 218-0756; 106 5th St NE. Advocacy, mediation, and investigation of discrimination in housing, employment, and benefits. Office closed, call for assistance.

OTHER EMERGENCY SUPPORT

- AIM: 972-1704. Mon-Thurs 9-4. Local utility and housing aid. Call Salvation Army for electricity & heat, otherwise apply online.
- Love INC: 977-7777. Emergency financial support and material aid. Offices closed, call for assistance.
- (County-only): Crozet Baptist Church: 973-4281. To be connected to local resources
- Community Emergency Response Fund: Closed: No longer accepting applications.

NEED MORE INFO?

Point a phone camera at this QR code here

to open a webpage with up-to-date information on the resources listed here, or go to: https://tinyurl.com/covidresourceguidecville

SCAN ME

WOMEN'S HEALTH

- Charlottesville Health Center Planned Parenthood: 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- Whole Woman's Health: 973-4888; 2321 Commonwealth Dr. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- Blue Ridge Abortion Fund: 963-0669. Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding.
- **Donor Diapers**: 214-0345; Garrett Community Center (418 E Garrett St SE). Monthly diaper & wipe giveaways. Next on June 21st, 2-3:30pm.

PHYSICAL HEALTH SUPPORT

- **UVA Community Call Line:** 98-COVID, Option 3; M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill).
- Thomas Jefferson Health Department: 972-6269; 1138 Rose Hill Dr. Only in-person services right now: pap smears, birth control. WIC still operational. No testing or vaccines currently. Appointment only (no walk-ins). COVID Info: 972-6261
- Charlottesville Free Clinic: 296-5525; 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, call for eligibility. Dental: emergency only, 1st come 1st serve.
- Central Virginia Health Services (Neighborhood Family Health): 227-5264; 901 Preston Ave, Suite 301. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online.
- **Visionworks**: 293-3225, Barracks Shopping Center. Free eye exams for patients with Medicaid. Open.
- **MyEyeDr:** 973-5361, 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Now: urgent appointments only; open for eye exams in few weeks.
- **Cville Community Cares**: 214-0454; Free prescription delivery. Sign up: http://tinyurl.com/cvillecaresrx
- UVA: Now offering mix of in-person & telehealth for most outpatient clinics.

MENTAL HEALTH SUPPORT

- **Region 10:** Mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 972-1800 / 1-866-694-1605. Telehealth intake appointments: 972-1829.
- On Our Own: 979-2440; 123 4th St NW. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings.
- **Teen Crisis Hotline:** 972-7233. Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling.
- **Women's Initiative**: 872-0047. Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours.

- Mental Health Association Virginia Warm Line: 866-400-6428. Peer-run support line for individuals or concerned others who would like someone to talk to
- **Grief Share**: 800-395-5755. Online support group for coping with loss. See website for schedule or call.
- Partner for Mental Health: 977-4673. Effectively closed.

SUBSTANCE USE SUPPORT

- Addiction Allies: 260-3042. Suboxone clinic / MAT, online counseling (substance use & mental health). Accepts Medicaid. No referral needed, just call or contact online.
- Addiction Recovery Systems Pantops: 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening.
- Region 10: See section, Mental Health Support
- Online addiction peer support meetings, schedules on websites: SMART Recovery, Alcoholics Anonymous (293-6565), Narcotics Anonymous (800-777-1515), Al-Anon (cvillealanon@gmail.com, 972-7011 hotline), Al-Ateen (senglot12@gmail.com, 972-7011 hotline), In the Rooms

SEXUAL ASSAULT ADVOCACY

- Shelter for Help in Emergency (SHE): See section, Emergency Overnight Shelter
- Sexual Assault Resource Agency (SARA): Office: 295-7273; hotline: 977-7273. 335 Greenbrier Dr. Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active.

EMERGENCY FOOD

- Emergency Food Network: 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon or Fri to request, then pick-up 1:30pm-3:30pm.
- Loaves and Fishes: 996-7868; 2050 Lambs Road. **7**-day supply, 2x/mo. Call ahead to request. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm).
- County-only: **B.F. Yancey Community Center:** 7625 Porters Rd, Esmont, VA. 4th Fri/mo, 5-7pm. Drive-up, no need to call ahead.

• The Catering Outfit Helps: Temporary food pantry for restaurant employees who are out of work. Mon & Thurs 11am-2pm, pick-up at Atrium near Carlton Rd, Cville.

Church-based Food Pantries:

- Church of the Incarnation: 465-2671; 1465 Incarnation Dr. Sun 1:30-4pm. Do not need to pre-register.
- Holy Comforter Catholic Church: 208 E Jefferson St. Mon-Wed, 10am-12pm. Walk-up.
- Church of our Saviour Episcopal: 1165 Rio Rd E. Mon & Wed 12:30pm-2pm, Fri 10:30-12. Open.
- Ministerios Profeticos Palabra: 1-804-216-0399; 1827A Seminole Trail
- St. Paul's Episcopal Church: 851 Owensville Rd. 3rd Wed/mo. Must reside in Western Albemarle. Open; call 979-4490 to request.
- Thomas Jefferson Memorial Church: 717 Rugby Rd. 1st Fri/mo 9-11am (sign-in by 10am). Open, call 293-8179 to request.
- New Beginnings Christian Community: 1130 E Market St. Wed afternoon & Sat AM. Open; call 249-5691 to request.
- **Bethany Seventh Day Adventist**: 401 Harris Rd. 3rd Sat/mo, 1-2:30pm. Text/call 904-553-5167 to request week before; delivery (Cville only) or drive-through.
- Eden Ministries: 2999 Merrie Meadows Ln, Keswick. 1st Sat/mo 9a-noon. Call 973-4068 to schedule other times.

Food Delivery Services:

- Social Distance Delivery: Free grocery delivery. Request at social distanced elivery.org
- **JABA Home Delivered Meals**: 817-5253. For low-income folks > 60y unable to prepare meals. Call to determine eligibility.
- **Meals on Wheels**: 293-4364. Delivery of 2 weeks worth of lunches for homebound individuals. Next delivery is 5/28 (bimonthly). Call or apply online.

Kids: